



Annual Report

2013-14



EDUCATIONAL & SOCIAL TRUST
Reg. No.:F36649 (Mumbai)

Established: 2007

Reg. Office:

**Mangal compound, Laxmi Udyog
Nagar, Kanjurmarg (W)
Mumbai- 400078**

Email:

khushi_trust@yahoo.co.in

Contact No. :

**9819214945, 9768571287,
9819515304**

Reg. Under:

The Bombay Public Trust Act 1950

Auditor:

SHVRK & Co.

Bankers:

Canara Bank, Bhandup

Trustees:

Mr. S.B.Patel - Chairman

Mr. Milind Kadve - Treasurer

Mr. Ashok Kamble - Secretary

Mr. Milind Tambe – Member

Mr. Jayant Diwan – Member

Mrs. Dr.Hasumati Chehda- Member

Mrs. Ujwala Patel – Member

Mr. Rajesh R. Yadav – Member

Mr. Mansoor Patel – Member

Donor Contact:

**Mansoor Patel
(9819214945)**

Profile:

Khushi Educational And Social Trust is a voluntary organization working towards bringing a change for the betterment of under privileged women and children through the most powerful medium, that of education. Our mission is to play an active role towards building an educated, socially aware, self-reliant and a healthy society. "To dutifully serve the society that we live in is true social service". Khushi Trust is the result of coming together of social conscious persons who firmly believe in this ideology.

Khushi Educational And Social Trust was founded in 1999 in Kanjurmarg, Mumbai, by a group of people who strongly felt the need to impart moral education to under privileged children, to facilitate their formal school education and to make them aware of the important social issues so that they grow up with good social values and into responsible citizens of the society. Though the founder members of the Trust reside in the same society and therefore effectively worked together, they received guidance from experts from the fields like Social Work, Education, Medicine etc.

A Kids Club was formed at the initial stage. The objective was to make the children understand the importance of education, and various activities like workshops on different subjects, educational facilitations, moral education and sports contests were organized. Felicitations to the students who had passed their 10th and 12th standard exams were made to boost the morale and inspire other children. A Kids Bank was formed so that children learn about the importance of money, savings and correct use of money. About 60 children were members of this initiative. The children were also given hand-made pass books and a register was maintained with relevant entries.

Slowly we started expanding our sphere of work. Work areas regarding Social Temperance, Gender Equality, Woman and Child Health were included in our sphere of work. In the course of this, we organized health camps, workshops on Women's Rights, felicitating woman for good work and exhibitions of materials made by women. Programs against superstitions using scientific reasoning were also conducted. An important factor of these programs was that though these programs were organized for the lower and lower middle class women and children, the funds for the same were organized by the volunteers themselves with the help of some respected members of the society.

SharirSaksharta, our major initiative: We are living in a society where gender discrimination, gender based violence and wrongs against women are on the rise. There is therefore, an urgent need to address these issues at grassroots level. In a meeting of the Core Group and Trustees of Khushi, it was unanimously decided to make "Sharir Saksharta", Khushi's main mission. 'Sharir Saksharta', or 'Body Literacy' is our initiative against these social evils. It aims to intervene at an age appropriate time and educate the youth about their own bodies, gender equality and respect towards women. It is an effort to curb the increasing tendencies amongst youth of wrong methods to know about sex. Many youngsters, while coming of age make mistakes that they have to regret later. It is also a unified form of our work done earlier.

In this manner, for the past twelve years, we have continuously been serving and working towards the betterment of the society that we live in.

For the year 2013-14, we decided to focus on the key areas that we felt needed urgent attention. It was decided that, instead of organizing and conducting more number of programs, we would focus on our main issues with complete attention and dedication. We firmly believe that the parameter to measure the success of a program is its effectiveness rather than numbers. We do not claim that we have been 100% successful, but we have worked honestly and dedicatedly. After every workshop, the outcomes and results were evaluated and we outlined and planned the next program workshops based on them. In this way, till now we have conducted two programs with the foremost objective of doing good and effective work.

We organized and conducted programs on Sharir Saksharta (Body Literacy) and organized a Science Fair on the occasion of 'National Science Day'.

'Sharir Saksharta' (Body Literacy): Body Literacy is Khushi's initiative against gender discrimination. Some of the main objectives of this program are to teach small children about their bodies in a proper way, instill a sense of respect in males for females and increasing the self-confidence of women. It is an initiative against gender based violence, wrongs against women and an effort to



curb the increasing tendencies of wrong methods to know about sex. Many youngsters while coming of age commit mistakes that they have to regret later. Therefore there is a need for correct intervention at the appropriate time.

'Sharir Saksharta' program was organized in six BMC schools from Bhandup, Kanjurmarg and Vikhroli from 08/08/2013 to 03/01/2014, in which 1619 students from age groups of 12 to 18 years participated. Workshops of two and a half hour duration were conducted on the topics of:



- ❖ Social and natural gender discrimination
- ❖ Body awareness
- ❖ Sexual abuse
- ❖ Social equality.



* An aspect of importance and concern that was observed was that in all the programs, at least 10 girls in 50 admitted of being touched inappropriately, molestation etc.

The details of the workshops are as:

Sr.No.	Name of School	No.of Workshop	Date of Workshop	Std.	Number of Students		
					Girls	Boys	Total
1	Janta Vidyalaya, Vikhroli (W.)	1	08/08/2013	8th, 9th, 10th	106	86	192
2	Sandesh Vidyalaya, Vikhroli (W.)	10	Aug. 29th to 31st & 2nd & 7th Sept. 13	8th, 9th, 10th	459	445	904
3	Nasheman Urdu School, Bhandup (W.)	1	27/09/2013	8th, 9th, 10th	73	25	98
4	Matoshri Kasturben Thakkar Vidyalaya, Kanjurmarg (E.)	1	10/10/2013	8th, 9th, 10th	83	86	169
5	Dnyandeep Vidyamandir HighSchool, Kanjurmarg (E.)	1	26/11/2013	8th, 9th, 10th	90	84	174
6	Mandar Vidya Mandir, Bhandup (W.)	1	03/01/2014	8th, 9th, 10th	42	40	82
Total :		15			853	766	1619

“We thank Khushi Trust for organizing the ‘Sharir Saksharta’ camp in our school. Students were educated and given the appropriate knowledge through mediums like posters, which they liked and appreciated very much”

Mrs. Sonawane Vijay Manik (Principal, Janta Vidyalaya, Vikhroli)

“We really appreciated that during the program of ‘Sharir Saksharta’, students were educated in sessions that were interactive and that students were encouraged to ask questions. All the questions were answered satisfactorily by the Resource Persons”

Sadhana Nawale (Teacher, Sandesh Vidyalaya, Parksite, Ghatkopar)



‘Vigyan Jatra’ (Science Fair) :

Every year, on the occasion of “National Science Day” on 28th of February, we organize a Science Fair for children, comprising science workshops and exhibition of scientific experiments and posters.

For 2014, we selected the subject of “Blind Faith”. The objective was to show through simple experiments, the science behind the “Miracles” shown by fake God men to take advantage of innocent people.



We initiated a discussion with the children with the objective of finding out and resolving the superstitions in their minds. Through the medium of astronomy, we then tried to remove the superstitions that had been planted in their minds. Along with the students, even the teachers said that they gained a lot of knowledge through this initiative.



The event was conducted in six BMC schools from Mulund to Vikhroli in which saw enthusiastic participation of 3199 children of ages 10 to 14 years. All the programs were conducted by experienced resource persons and volunteers formally trained by Andhashradha Nirmulan Samiti.

The details are as follows :

Sr.No.	Date of Camp	Name of School	Area	Total No. of Students (Std. 5th to 7th)
1	27/01/2014	Gaoshala marg BMC school Medium : English & Marathi	Mulund (W.)	303
2	03/02/2014	Tulshetpada BMC School Medium : Marathi,Urdu & Hindi	Bhandup (W.)	848
3	05/02/2014	Tankroad BMC School Medium : Marathi,Urdu, Hindi,Tamil Gujarathi & English,	Bhandup (W.)	135
4	10/02/2014	Navel Dockyard BMC School Medium : Marathi,Urdu, Hindi,Tamil Kannad & English,	Kanjurmarg (W.)	985
5	13/02/2014	Kanjurgao BMC School Medium : Marathi	Kanjurmarg (E.)	60
6	13/02/2014	Nehru Nagar BMC School Medium : Hindi	Kanjurmarg (E.)	65
7	26/02/2014	Tangor Nagar BMC School Medium : Marathi,Urdu, Hindi,Tamil Gujarathi,Kannad & Telgu	Vikhroli (E.)	803
Total :				3,199



BMC School)

“These kind of programs on blind faith and superstitions should not only be considered as important but made compulsory in schools. These programs are without a doubt very strong mediums for awareness and towards a superstitions free society.” **Mr.Shashi**
(Nehru Nagar Kanjurmarg



“Students acquired a new perspective through various scientific experiments. If these kind of programs are conducted on a regular basis, it is guaranteed that students will develop an interest in the subject of science.”
Madhukar Pandurang Shirke : (Gaushala Marg BMC School, Mulund)

Khushi Trust sincerely thanks the following for their support in organizing our camps and workshops:

- Mumbai Sarvodaya Mandal
- Janmukti Sangharsh Vahini
- Dosti Trust
- Sai Akarshan Mitra Mandal
- Shah Devchand & Co.
- Emergent Meditech (I) pvt. Ltd.
- Mr. Nirmalkumar Jhangiani
- Mr. Rajendra Mhatre (Principal, Sandesh Vidyalaya, Parksite)
- Mr. Prakash Rane (A.O.,S-Ward)
- Mrs. Pranjali Gaoswami (A.O., T-Ward)
- Mr. Pandurang L. Bhoje (Principal, Tulshetpada BMC School)
- Mrs.Usha Jha (Principal, Tankroad BMC School)
- Mr. Shantaram Z. Rinjad (Principal, Kanjurgao BMC School)
- Mrs. Surekha M. Doddamani (Principal, Tangor Nagar BMC School)
- Mr. Madhukar P. Shinde (Principal, Gaoshala marg BMC School)
- Mr. Vinod Pasi Sir (Principal, Naval Dockyard Colony BMC School)
- Mr. Rohit Chaturvedi & Mr. Rahul Mallapur
- Andha Shradha Nirmulan Samiti